

Vista Unified School District--Student Support Services

Student Behavior Interventions and Support for Families

Program	Eligibility	Ages Served	Agency	Contact/Referral
Adult Anger Management Group <ul style="list-style-type: none"> A 12-week anger management class that teaches conflict resolution strategies. 	Individuals in North County; some court referred clients Cost to client: \$40 assessment \$25 per session	Adults	North County Lifeline	Carolina Hernandez (760) 842-6216
Alcohol, Tobacco and Other Drug Prevention Programs <ul style="list-style-type: none"> On-site classes Youth Coalition Youth leadership opportunities Parent Pledges 	None	All ages	Vista Community Clinic	Tobacco Control: Gena Knutson (760) 407-1220 x 7165 Alcohol & Other Drugs: Erica Leary (760) 407-1220 x 7150
Anger Management Groups PFCS Vista Office	Court Ordered/Volunteer	Adults	Palomar Family Counseling Service, Inc.	Intake Coordinator (760) 630-3505 (760) 741-2660
CENTRO <ul style="list-style-type: none"> Transitional housing Case management Life skills training 	Homeless families. Must be low income.	Adults	North County Lifeline in partnership with Community Housing Works	Program Info from Community Housing Works: Olivia Miranda (760) 432-6878 Ext. 5458 Client #: (760) 432-6878 extension 5470
Childnet SED Pre-school site-based and PFCS Vista Office	No insurance, under insured, & a ratio of Medi-Cal	0 – 5 (includes Individual and Family Counseling, Case Management, Psychiatric consult, and parenting class)	Palomar Family Counseling Service, Inc.	Lisa Turner Program Director (760) 630-3505 (760) 741-2660

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Choices Teen Clinic <ul style="list-style-type: none"> • Reproductive health counseling • Provider visits and follow-up treatment • Limited mental health • Workforce development through Teen Provider Program 	Male and female teens	Ages 19 and under	Vista Community Clinic	Maria Elena Gutierrez (760) 631-5000 x 1267
Community Assessment Team <ul style="list-style-type: none"> • Screening and referral • Case management • Home visiting • Parent support and groups 	Youth at risk of juvenile delinquency and child abuse, violence	8-17 yrs	North County Lifeline	Youth Services Hotline direct line (760) 842-6214
Community Services for Families <ul style="list-style-type: none"> • In-home parent education • Case management • Linkage to community resources • WRAP Assistance for case managed participants • Foster parent recruitment and support • Kinship support group and services 	Primary target group includes Child Welfare active families. Will serve all families of children in North County.	Adults	North County Lifeline	Inland Escondido office – (760) 740-1372 extension 107 Coastal office: : Corina Contreras, Intake Specialist (760) 721-1459 extension 3
Dad to Dad Connection <ul style="list-style-type: none"> • Support for teen fathers • Parenting education • Case management 	Parent Permission	Teen Fathers or fathers whose baby is born to a teen mother	Vista Community Clinic	Silvia Alcantar (760) 407-1220 x 7113
Dad's Club <ul style="list-style-type: none"> • Support group for fathers • Parenting education • Case management 	Adult males with children; Spanish speaking only	Males ages 20 and older	Vista Community Clinic	Silvia Alcantar (760) 407-1220 x 7113
Domestic Violence Groups PFCS Vista Office	Court Ordered/Volunteer	Adults	Palomar Family Counseling Service, Inc.	Intake Coordinator (760) 630-3505 (760) 741-2660

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EPSDT North Inland North Coastal (NINC) <u>SPECIFIC/ASSIGNED site-based service; not available to all school sites</u>	Medi-Cal	5 – 18 (includes Individual and Family Counseling, Case Management, and Psychiatric consult)	Palomar Family Counseling Service, Inc	Pam Millan Program Director (760) 630-3505 (760) 741-2660
Fair Housing Services <ul style="list-style-type: none"> • Provides information to residents who need assistance with housing discrimination, renter's rights and responsibilities, etc. 	Individuals and families in North County	Adults	North County Lifeline	Kelly Matthews (760) 842-6226
Family Self Sufficiency Case management for families seeking to resolve problems with their basic needs. Includes assistance with: <ul style="list-style-type: none"> • Employment readiness and placement • Emergency shelter • Emergency food • Family life • Household finances 	Individuals and families in North County including Vista and Oceanside	Adults	North County Lifeline	Vista (760) 842-6201 Oceanside (760) 842-6201
Family Support Program	Families at-risk for neglect/abuse-Funding: First 5	Birth-5 yrs; includes service to the entire family if there is a primary client (0-5 yrs) identified in the family	Rady Children's Hospital, Chadwick Center for Children and Families-Oceanside Satellite	Neysi Contreras, FSP Admin. Assoc (760) 967-7082 ext. 6883 Virginia Agcayab, MFT Site Supervisor (760) 967-7082 ext. 6895
Financial Literacy Services <ul style="list-style-type: none"> • Educational groups and individualized support • Budgeting • Banking and saving 	Individuals, couples and family heads of households	Adults	North County Lifeline	Maria Colores (760) 842-6274
Gangbusters/ Life skills	Parent permission, gang involvement	6-15	Boys and Girls Club	Kevin Rodriguez (760) 724-6606 ext. 15

Program	Eligibility	Ages Served	Agency	Contact/Referral
Homeless Prevention Services <ul style="list-style-type: none"> • Rental Assistance • Security Deposit Assistance • Case Management • Financial Education 	Homeless individuals and families in Vista, Vista Renters at risk of becoming homeless; assistance provided in the form of a loan.	Adults	North County Lifeline	Program Info: Maria Colores (760) 842-6274 Rental line:(760) 842-6215
Hope Parenting Groups PFCS Vista Office	Court Ordered/Volunteer	Adults	Palomar Family Counseling Service, Inc.	Intake Coordinator (760) 630-3505 (760) 741-2660
Individual Therapy PFCS Vista Office	Sliding Scale Fee	All ages	Palomar Family Counseling Service, Inc.	Intake Coordinator (760) 630-3505 (760) 741-2660
Individual Therapy PFCS Vista Office	Sliding Scale Fee	All ages	Palomar Family Counseling Service, Inc.	Intake Coordinator (760) 630-3505 (760) 741-2660
Juvenile Diversion Program <ul style="list-style-type: none"> • Intake & Assessments • Groups (8 weeks) <ul style="list-style-type: none"> ○ Decision Making ○ Anger Management ○ Alcohol & Other Drug ○ Anti-Theft ○ Gang Prevention • Certificate of Completion 	Designed for schools & law-enforcement referrals. District pays \$100 per referral *we will cover with another funding source when possible	8-17 yrs	North County Lifeline	Counseling & Youth Services intake line (760) 842-6214
Kare for Kids <ul style="list-style-type: none"> • Free medical care 	Must be current Vista Community Clinic patient; must demonstrate financial need	18 years and under	Vista Community Clinic	Clinic Manager Appointment Line (760) 631-5000 x 0
Legal Clinic <ul style="list-style-type: none"> • A legal advice clinic - a 20-minute consultation with an attorney. 	Individuals and families in North County	Adults	North County Lifeline	Susan Burrell (760) 8420-6228

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Mediation Services <ul style="list-style-type: none"> Provides free mediation and conciliation services (in-person or via telephone) in such areas as landlord/tenant, consumer/merchant, employer/employee, parent/teen, collection, and other community-based issues. 	Individuals and families in North County	Adults	North County Lifeline	Karen Thompson (760) 842-6221
Medical & Dental Interventions/Services <ul style="list-style-type: none"> Back-to-school medical and dental exams Immunizations / TB Sports Physicals Asthma control Dental ADHD Childhood Obesity Screenings: vision, dental, hearing Primary care treatment including: OB/Gyn, Family Medicine, Pediatrics, Dental, Family Planning, Immunizations, etc. Pharmacy and assistance applying for discounted/free prescriptions Collaboration with school nurses, teachers, etc. 	Eligibility varies by program; costs vary by family income and insurance status; special programs for children, teens, homeless, and those without health insurance and/or low-income families	All ages	Vista Community Clinic	Appointment Line (760) 631-5000 x 0

Program	Eligibility	Ages Served	Agency	Contact/Referral
Mental Health Counseling Services Medi-Cal eligible students: free via EPSDT Un-insured students: sliding scale via MHSA.	<i>Vista Schools:</i> Casitas Elem. Grapevine Elem. Guajome Park Olive Elem. VAPA Vista HS Washington MS	6-17 yrs	North County Lifeline	Fax referral forms to (760) 631-0778 Information: Tamara Marthens (760) 842-6202
MHSA North Inland North Coastal (NINC) School site-based and PFCS Vista Office	No Insurance	5 – 18 (includes Individual and Family Counseling, Case Management, and Psychiatric consult)	Palomar Family Counseling Service, Inc.	Pam Millan Program Director (760) 630-3505 (760) 741-2660
MHSA North Inland North Coastal (NINC) School site-based and PFCS Vista Office	No Insurance	5 – 18 (includes Individual and Family Counseling, Case Management, and Psychiatric consult)	Palomar Family Counseling Service, Inc.	Pam Millan Program Director (760) 630-3505 (760) 741-2660
Parent Education <ul style="list-style-type: none"> • Intake and assessment • 12 week parenting curriculum • Certificate of completion 	North County families	Adults or teen parents with parental consent	North County Lifeline	Amelia Cavallini (760) 842-6327 Parenting line (760)842-6243
Parent/Child & Family Therapy PFCS Vista Office	Sliding Scale Fee	All ages	Palomar Family Counseling Service, Inc.	Intake Coordinator (760) 630-3505 (760) 741-2660
Parenting Difficult Teens <ul style="list-style-type: none"> • Intake • 8 week group • Graduation/Certificate 	Parents of teenagers	Parents 18 and older	North County Lifeline	Mariana Guzman (760) 7842-6217
Play Therapy PFCS Vista Office	Sliding Scale Fee	0-12 years of age	Palomar Family Counseling Service, Inc.	Intake Coordinator (760) 630-3505 (760) 741-2660

Program	Eligibility	Ages Served	Agency	Contact/Referral
Project HACER <ul style="list-style-type: none"> • Reproductive health education presentations • Spanish presentations for teens and parents 	Teens and families	Teens and families	Vista Community Clinic	Jamie Rau (760) 631-5000 x 5114
Project REACH Project Jr. REACH <ul style="list-style-type: none"> • Youth development after school program for at-risk youth • Life and social skills classes • Family Support Services and Parent Education • Service Learning • Employment Readiness • Homework/tutorial assistance • Peer-to-peer mentoring • Healthy relationships classes • Tweens to teens gang prevention program 	Parent Permission No Fees	REACH: Ages 13 – 18 Jr REACH: Ages 9 – 12, Grades 4-6	Vista Community Clinic	Maria Yanez (760) 631-5000 x 7140
Project Sombrilla <ul style="list-style-type: none"> • Identify Uninsured children • Provide application assistance with Medi-Cal or Healthy Families Insurance Application 	Uninsured Families	Families with Children	Vista Community Clinic	Silvia Alcantar (760) 407-1220 x 7113
Rady Children’s Behavioral Crisis Center 2125 S. El Camino Real, Suite 200 Oceanside, CA 92054	Children in crisis who have Medi-Cal or are uninsured and low-income. Children in need of urgent mental health care.	Through age 17	Rady Children’s Hospital San Diego	Gary Stewart, LCSW— Program Coordinator; Program Hours: 12-8 pm Monday-Friday; Telephone referral information: (760) 730-5900

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Rady Children's Outpatient Psychiatry	Full scope Medi-Cal eligible students: free via EPSDT. Un-insured students: sliding scale via MHSA. Vista Schools: Bobier Foothill Oak Rancho Buena Vista	6-17 yrs	Rady Children's Hospital San Diego	Information: Julia Darling (760) 758-1480 x 7689 Referral forms are faxed to (760) 435-9472
Rays of Health / Rayos De Salud <ul style="list-style-type: none"> • Assistance understanding diagnosed medical conditions • Assistance navigating health care systems • Case management • Parenting and health education 	Families with children 0-12 diagnosed with a medical condition	Families with children ages 0-12	Vista Community Clinic	Silvia Alcantar (760) 407-1220 x 7113
Social Service Interventions <ul style="list-style-type: none"> • Case management • Food Stamps application assistance • Healthy Families & MediCal application Assistance 	Low-income families	All ages	Vista Community Clinic	Silvia Alcantar (760) 407-1220 x 7113
STOP Act Underage Drinking <ul style="list-style-type: none"> • Education for both teens and families • Leadership opportunities 	Hispanic teens and families	Hispanic teens and families	Vista Community Clinic	Erica Leary (760) 407-1220 x 7150
Tax Preparation and EITC <ul style="list-style-type: none"> • Assistance with tax preparation and eligibility for Earned Income Tax Credit 	Individuals, couples and family heads of households	Adults; low income	North County Lifeline	Vista Office (760) 842- 6225

Program	Eligibility	Ages Served	Agency	Contact/Referral
Teen Cyber Educators <ul style="list-style-type: none"> • Teen focused internet safety curriculum • Peer-to-peer education • Presentations geared towards teens and adults/parents • Social networking web page review and advisement • Parent training on navigating social network sites 	Teens and their families	All ages, youth and adults	Vista Community Clinic	Jon Moffat (760) 407-1220 x 7144
Trauma Counseling Program	Children and families with histories of trauma (e.g., child abuse)- Funding: VOC, First 5, Various private insurances Various grant funding	12 mos-17 yrs; can serve the parents if their child(ren) is involved in treatment services at Chadwick TCP	Rady Children's Hospital, Chadwick Center for Children and Families-Oceanside Satellite	Maribel Valles, Advocate (760) 967-7082 ext. 6898 Virginia Agcayab, MFT Site Supervisor (760) 967-7082 ext. 6895
Vista Youth Redirect School Site-based	Parent Permission	School aged (includes Individual, Family & Group Counseling)	Palomar Family Counseling Service, Inc.	Chris Besse DuVall Program Director (760) 630-3505 (760) 741-2660
WINGS <ul style="list-style-type: none"> • Intervention, gender – specific services 	Must be referred by Probation Officer	Girls under 17	North County Lifeline	Youth & Counseling Services line (760) 842-6214
Youth Net School Site-based	Parent Permission	School aged (includes Assessment, Individual, & Group Counseling)	Palomar Family Counseling Service, Inc.	Chris Besse DuVall Program Director (760) 630-3505 (760) 741-2660